



**CREATIVITY AND INDIVIDUATION:
EXPLORING THE IMAGE OF THE ZEBRA-FISH**

**PRESENTED BY: WILNA VAN DER WALT &
MARITA DE WET**



*Wilna Van der Walt -
Zebra-Fish: vision of the Sangoma*

“The years when I was pursuing my inner images were the most important years of my life”, Jung wrote in *Memories, Dreams and Reflections*. In this time, when he dedicated much of his time to painting, sculpting and sand play, “everything essential was decided”. These early years, when he was grappling with the images from his unconscious, taught him the value of creative expression in the process of individuation.

Painting an image involves the body and elicits the silent memories and feelings of the body. “But why do I encourage patients to express themselves by means of brush, pencil or pen at all? Here again my prime purpose is to produce an effect.

” In psychotherapy, the patient can remain passive, but when he starts to engage with images from his unconscious, by giving expression to them, he begins to play an active part. “To start off with, he puts down on paper what he has passively seen, by turning it into a deliberate act. He not only talks about it, he is actually doing something about it.” (CW16:105-107)

EVENT DETAILS:

Date:

Tue 17 July 2018

Time:

7pm for 7.30pm

Venue:

UCT Lung Institute,
George Str, Mowbray,
Cape Town

Cost:

Members R80;
Non-members R100

PLEASE NOTE:

Live streaming facilities via Skype available for those not able to attend the talk in person.

Pre-booking essential.



SOUTHERN AFRICAN ASSOCIATION OF JUNGIAN ANALYSTS ANALYTICAL PSYCHOLOGY LECTURE SERIES

More About: 'Zebra-Fish' - vision of the Sangoma

Wilna explores the unusual image of the zebra-fish, which originated in a dream. This strange creature from the deep had a powerful effect and moved Wilna to start a journey of creative interaction with this image that continued for the next 20 years.

In Greek mythology the hippocamp or horse-fish is one of the many offspring of Poseidon's raping of the moon goddesses, often appearing as helper, guide and inspiration.

For Wilna, her symbolic creative work not only supported and guided her interaction with the images from the deep, but actively instructed her about important aspects of creativity and the process of individuation. Using The zebra-fish as a framework, Wilna will present a body of creative work stretching from 1992 till 2016,

More About the Presenter

Wilna Van der Walt

In the early 1990's Wilna van der Walt started experimenting with creative materials as a means of exploration and support and found it to be of immense value in her own process. With many years of experience in this field, she would like to share this world with others. She is available as creative facilitator for groups, and also as facilitator on an individual basis. She is a registered medical practitioner with a lifelong interest in depth psychology, from a Jungian perspective, and the author of *The old woman and the moon, an inner journey in oil*.

Marita de Wet is a Jungian Analyst practicing in Paarl. She started her career in 1980 as a Systems Engineer in IBM and qualified as a Psychologist in 1992. She was involved in corporate consultation and leadership development programs; she presented group therapy programs and ran a private practice in Boksburg, Gauteng. She is currently in private practice in Paarl. She is chair of SAAJA's Public Programme and serves on the Curriculum and Library committees.

**Cost is R80 for Members
R100 for non-members.
No bookings required.**

For more information contact SAAJA on
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**LIVE-STREAMING OPTION:
BOOKING IS ESSENTIAL**

If you are not able to join the event in-person, you can register for our live streaming facility via Skype and join us virtually. Same cost as in-person attendance applies.

SKYPE BOOKINGS: BEFORE FRIDAY 13 JULY 2018
Send proof of payment & Skype address to saaja@mweb.co.za

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Apr-10	May-15	June
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