



THE VENDA SACRED TRAIL: A PILGRIMAGE

PRESENTED BY: JEFFREY RINK & PHILIPPA COLINESE



This presentation is about a pilgrimage; a journey into a remote part of Venda. It was an encounter with the Venda people: the places that are sacred to them; and an introduction to their way of life, their cultural traditions, music, art and dance.

It was a journey of discovery and healing.

Pilgrimages are personal journeys, the purpose of which is sometimes unknown, but which can affect one profoundly. During this lecture, presenters Jeffrey Rink and Philippa Colinese intend to share experiences of their recent journey to Venda and explore the overall meaning and impact of pilgrimages as sacred journeys for psyche and soul.

EVENT DETAILS:

Date: Tue 20 March 2018

Time: 7pm for 7.30pm

Venue: UCT Lung Institute,
George Str, Mowbray,
Cape Town

Cost: SAAJA Analytical
Psychology Lecture Series
Members R80; Non-members
R100

PLEASE NOTE:

Live streaming facilities via Skype are available for those not able to attend the talk in person. Pre-booking essential.



SOUTHERN AFRICAN ASSOCIATION OF JUNGIAN ANALYSTS
ANALYTICAL PSYCHOLOGY LECTURE SERIES

More About 'The Venda Sacred Trail: A Pilgrimage'

"I first heard about Lake Fundudzi - The Sacred Lake of the Venda - in the 1970's. It struck a chord in me. It only opened to outsiders many years later. My fascination with Lake Fundudzi and its environs (including the Thate Vondo Sacred Forest) grew from my first visit in 2001, and over the years the seed of a hiking trail germinated. Apart from the geography, the spirit of the Venda people is always tangible. They are warm and hospitable. Their culture embodies enchanting music and art, and a deep connection to the world of spirit. They are guardians of a region redolent in depth and mystery. The inaugural trailblazing Venda Sacred Walk took place in August 2017. Nine participants, three guides, and I 'walked the walk' through one of the last remote traditional South African cultural areas. The walk, although challenging at times, proved to be an inner walk. A walk-through psyche that challenged us, yet proved to be a significantly healing experience." - Jeffrey Rink

More About the Presenters

Jeffrey Rink qualified as a Clinical Psychologist in 1985 and is a Diplomate of the South African Society of Clinical Hypnosis (SASCH). He has a major in Anthropology. He is in private practice in Hout Bay. Ecopsychology has provided Jeffrey with a means by which he can synthesise his interest in wilderness, conservation, African culture, shamanism and consciousness with his profession. He has to date facilitated over fifty Ecopsychology retreats since 1998. He has presented papers at local and international conferences on Clinical Hypnosis and Ecopsychology.

Dr. Philippa Colinese is a Psychiatrist and Jungian Analyst in private practice in Cape Town. She is a member of SAAJA's Assessment and Review Committee for the training of Jungian analysts. She is a certified trainer for the International Association of Expressive Sandwork. She also has a special interest in learning more about diverse cultures and traditions in South Africa.

Cost is R80 for SAAJA Analytical Psychology Lecture Series members and R100 for non-members. No bookings are required for the lecture, but for more information contact SAAJA on (021) 689-6090 or email saaja@mweb.co.za



LIVE-STREAMING OPTION: BOOKING IS ESSENTIAL

If you are not able to join the event in-person in Cape Town, you can register for our live streaming facility via Skype, and join the event virtually. Same cost as in-person attendance applies.

Please book your slot **BEFORE Friday 16 March 2018** by sending your **proof of payment and Skype address** via email to saaja@mweb.co.za

BANKING DETAILS: SAAJA Current Account, Standard Bank,
Acc #: 072975059, Rondebosch Branch code: 025009

SAAJA Analytical Psychology Lecture Series: 2018 1.5 CPD Points per Lecture		
January 16	February 27	March 20
Julian David Jung and the Myth of Oedipus	Sheila Cowburn The Self...our best friend but also our worst enemy	Philippa Colinese & Jeffrey Rink The Venda Sacred Trail: A Pilgrimage
April 10	May 15	June
Ian McCullum Psychologists as Activists	Grace Reid Pegasus as a symbol of the integrated Feminine	
July 17	August 21	September 18
	Johann Graaff The Metamorphosis of Narcissism in Modernity: whatever happened to the notion of sin?	John Gosling Whatever Happened To Mary Magdalene?
October 16	November 20	December
Fred Borchardt Global Warming as the Modern Flood Myth	Marita de Wet Groping the Feminine	

